

## Simple Ways to Explore Trees

### Activity #1: Edible Tree Sculptures

For Parents and Children 2-6 years

Some fruits come from trees and bushes. Today, we are going to use these fruits to build sculptures. This is a perfect project for snack time. You can present the materials to your children and make a small example with them to get them engaged. Working together, manipulate and experiment with the food and toothpicks. Explore tastes, textures, shapes, and colors. If children have the small motor skills, encourage them to peel fruits and cut them with a plastic knife.

**Questions:** *Can we make...* A house out of round and square shapes? A caterpillar out of green and red fruits? A piece of banana stand up on three toothpicks?

**Materials:** Toothpicks or skewer sticks, small fruits like blueberries, grapes, chopped apples, oranges, sliced banana. For a variation, you can add chocolate spread.

